



**INTERNATIONAL
HEALTH
ALLIANCE**



Steve Milton, Co-Director
Innovations in Dementia

England





Welcome ?

I'm sorry to tell you that you have the very early symptoms of Alzheimer's Disease?

What now?

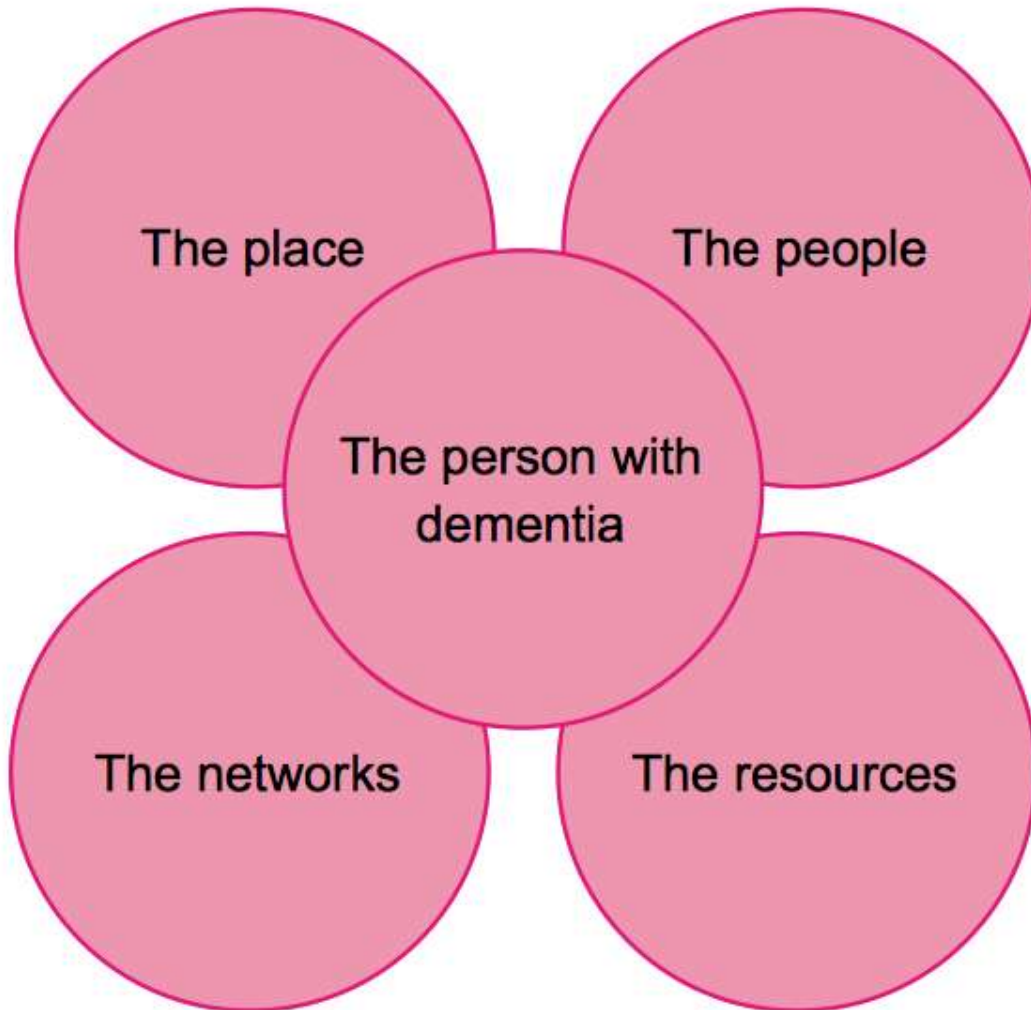
Dementia Capable Communities 2011

Prime Ministers Challenge 2012

JRF Dementia Without Walls

Alzheimer's Society Recognition process

Overall there are five domains that should be addressed as part of developing a dementia-friendly community:





This would be even more helpful if it was behind the hot tap.



Members Action Plans

[Home](#) > [Members Action Plans](#)

Innovations in Dementia Community Interest Company

We run innovative and creative projects that demonstrate what people with dementia can do, and test out innovative ways of engaging with people with dementia. Our work is underpinned by our belief that while a diagnosis of dementia might be life-changing it need not be life-ending.



Updated: 8 November 2013

Location: National

Sectors: Care

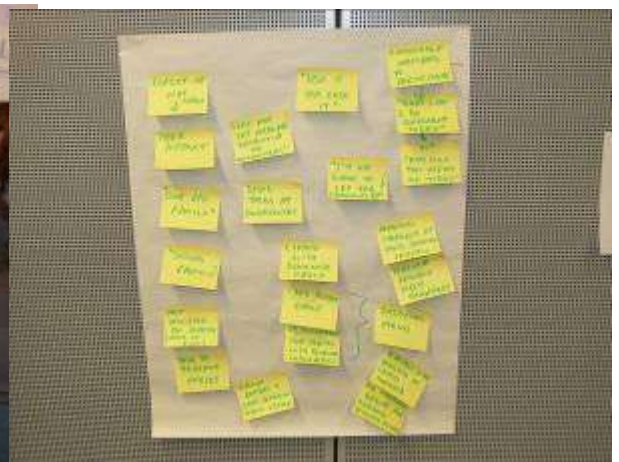
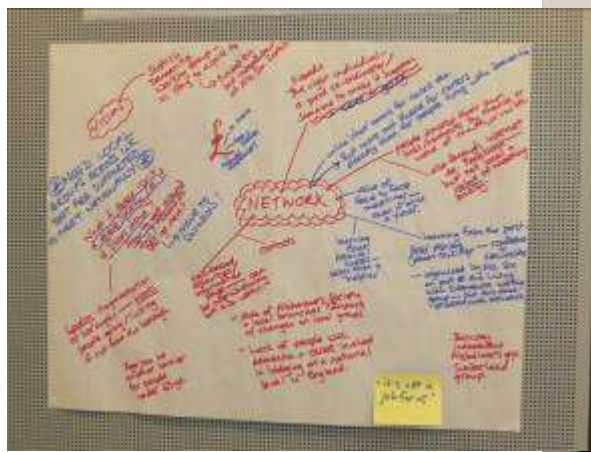


Lancaster District Pensioners' Campaigning Group with Coun Margaret Pattison and the 1,300 name petition against the closure of Altham Meadow Dementia Care Unit.

deep

The Dementia Engagement and Empowerment Project

collective voices of people with dementia



DEEP network

- A growing number of groups of people with dementia from across the UK - currently 37.
- Opportunities for mentoring, training, sharing of good practice, small grants, opportunities for collective action and building connections
- The start of a national dementia 'user movement'? - www.dementiavoices.org.uk



The Dementia Engagement
and Empowerment Project

DEEP Resources

DEEP guides:

- Choosing a meeting space
- Collecting views
- Conferences and events
- Consulting about written documents
- Creating websites
- For film-makers
- Recruitment and Selection
- Tips for employers
- Using sound recording

Free to download at
www.dementivoices.org.uk (see
under “latest news”)

DEEP Guide

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The Dementia Engagement
and Empowerment Project

Tips for organisations wanting to consult people with dementia about written documents

Key messages

- Many organisations produce documents that may affect the lives of people with dementia.
- Organisations can improve their documents if people with dementia share their views.
- Many people with dementia can take part in consultations on written documents but they may need support to do so.
- People with dementia have the right to have input into strategies, policies and procedures that affect them.

Why consult people with dementia

'Nothing about us without us!' This saying reflects the fact that people have a right to a say in decisions that affect their lives.

People with dementia and their carers often have unique insight into an issue and valuable knowledge and experience.

Consulting with people with dementia will add credibility to your work, especially, but not only, if the document is about dementia.

Dementia “friendly” is the language of largesse, of beneficence.

It casts people with dementia as the grateful recipients of our care and concern.

“Accessible” is the language of rights - in which people with dementia take their place as citizens with a right to a place at the table.

Steve Milton
Director
Innovations in Dementia CIC

www.innovationsindementia.org.uk

email: steve@myid.org.uk
telephone 01392 420076



**INTERNATIONAL
HEALTH
ALLIANCE**



Keith Oliver, Carolina Young & Chris Norris

Forget-me-nots, Canterbury

England



Annual Conference 14th May, 2014
Dementia: Self-sustaining communities

Dementia Friendly Communities

The Forget-Me-Nots



Keith Oliver, Carolina Young & Chris
Norris

Keith Oliver



The Forget-Me-Nots

Kent and Medway 
NHS and Social Care Partnership Trust

The Forget-me-nots

A Network for people with a diagnosis of dementia



Our group aims to help people with dementia get their voices heard.

Many organisations, including our Trust, are trying to improve the quality of service they offer to people with dementia. As such, it's vital that the opinions of people living with a diagnosis are heard by those who make decisions- by getting involved, you can help raise the standards of services across Kent. This group also functions as a network, where people can meet others with a similar diagnosis and get to know them better.

Each meeting is slightly different-

The agenda will be decided by the group beforehand. There will usually be group discussions, social time and a task for everyone to work on together.

Improving attitudes to dementia

- Helping create dementia-friendly communities
- Raising public awareness
- Reducing negative stereotypes of dementia

Increasing our network's influence

- Linking with other Dementia Networks nationally
- Supporting the Service User Envoy
- (See right)

Improving the NHS

- Assisting with staff training and interviews
- Evaluating Memory Services
- Commenting on plans for future service developments

Having had a diagnosis of Dementia you are now part of a sadly growing number of people who are seeking to come to terms with all that this entails. Seeing as I have also received the same diagnosis aged 55 in 2010, I know from personal experience that whilst the disease does create many challenges, having been diagnosed does not need to mean that your life will take a downward spiral. I am aware that everyone comes to terms with this in their own way, and then moves on to deal with life differently. You are not alone.

We are seeking to set up a small group of people in the same situation as you and me. This group will seek to network to support each other, and others who are in the same situation as ourselves but do not wish to, or cannot commit to helping.

I would argue that there is much for us all to gain by travelling down this road with others who share the same diagnosis and often the same experiences. Together we can make a real difference for us and for others in the same situation in Kent and Medway. I invite you to take part in the Dementia Service User Network - just let a member of staff know that you are interested and happy for one of our team to contact you with more information about our meetings.

-Keith Oliver, KMPT Dementia Service User Envoy



Excellent care, personal to you

www.kmpt.nhs.uk

Carolina Young



What else have we done? A few examples...

- Revision of the Mental Capacity Act with members of the House of Lords
- National service-User consultation on a series of papers being produced by the British Psychological Society on early dementia care



Chris Norris



Forget-Me-Nots Life Writing Group

deep

Funded by....

Free venue provided
by....

Publishing costs
funded by....



At...



The Forget-Me-Nots in Action!



If you wish to find out further information, please go to:



- www.kmpt.nhs.uk/keith-oliver

Here you can find updates on the Forget-Me-Nots' work, and Keith Oliver's Monthly reports.

- www.youtube.com/watch?v=CPulwcrkcxA

Keith Oliver's Story